

Packing List

Clothing:

- 3-4 pairs of shorts or pants
- 4-5 shirts
- 1 pair of closed toe shoes for hiking
- 1 pair of shower shoes
- 4 changes of underwear
- 4-5 pairs of socks
- Pajamas
- Sweatshirt and/or jacket
- Hat or visor
- Swimsuit
- Raincoat

General Items:

- Scriptures
- Journal or small notebook
- Cell Phone and charger: we may not have cell reception but bring for picture taking.
- Pen
- Flashlight and fresh batteries
- Reusable water bottle
- Small backpack for hike
- Camp Chair
- Bug spray
- Sun block
- Bags for dirty or wet clothes (grocery bags work)

Toiletries:

- Face Soap
- Tooth brush & Toothpaste
- Shampoo & Conditioner
- Comb, Brush
- Sanitary needs (pads or tampons)
- Deodorant
- Eye care (contacts, solution, glasses)
- Lotion
- Lip balm
- Medication

Bedding & Towels:

- Pillow
- Sleeping bag or blanket and sheets
- Foam pad, camping mat, or air mattress
- Bath Towel
- Beach Towel
- Washcloth/ Hand Towel